我的 XX 痛



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| --- | --- | --- | --- |
| **不痛No pain**  | **轻微疼痛Mild**  | **中度疼痛Moderate**  | **极烈Intense** |

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| --- | --- | --- | --- | --- | --- |
| **头 HEAD** | **喉咙 THROAT** | **胸部****CHEST** | **肚子****STOMACH** | **背部****BACK** | **手臂****ARMS** |
| **手****HANDS** | **臀部****HIP** | **屁股****BACKSIDE** | **大腿****THIGH** | **腿****LEGS** | **脚****FEET** |
| **其他身体部位****OTHER BODY PARTS** |  | **左LEFT** | **右RIGHT** | **上UP** | **下 DOWN**  |